



Thursday 11<sup>th</sup> November 2021

## **Wear What Makes You Happy – Children In Need Friday 19<sup>th</sup> November**

Dear Parents and Carers,

On Friday 19<sup>th</sup> November, it's Children In Need. Our School Council representatives have worked together, voted and decided to ask everyone to wear to school whatever makes us happy. Happiness is our focus value this term and this fits in so well with the official theme of 'Big, Feel-Good Friday'! This could be our favourite clothes, fancy dress, crazy hair – whatever we fancy wearing that makes us feel happy. The School Council also decided this was a great way to celebrate individuality and difference.

We will be joining Joe Wicks for a special workout quiz to test our fitness and our minds at 9.30 am on the day. In addition to this, we will also be practising some mindfulness exercises with Dr Raj to help us with being mindful in everyday life.

We do appreciate that this is a tricky time financially for a lot of families and therefore don't expect people to donate to take part in our 'Wear What Makes You Happy' theme. However, if you would like to donate to Children in Need, your child can bring in a donation on Friday 19<sup>th</sup> November.

We can't wait to see what you all decide to wear for Children in Need!

Yours faithfully,

Antonia Brooks

***“Being the best that we can be...”***