



Thursday 2nd December 2021

Covid-19 Symptoms and Testing

Dear Parents and Carers,

I am writing to you to clarify the main symptoms of Covid-19 as stated by the NHS. Whilst we all want to continue with our lives, it is still so important to recognise the main symptoms of the virus and ensure we are all acting accordingly, following NHS and government guidance. As a school we are following our risk assessment and focusing on hygiene, cleaning and keeping the building fully ventilated.

The virus has not gone away and is still prevalent in our community. Cases are also once again rising nationally and throughout the world.

Symptoms of COVID-19

The main symptoms of coronavirus (COVID-19) are:

- a high temperature
- a new continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss of, or change in, your normal sense of taste or smell (anosmia) – this means you have noticed you cannot smell or taste anything, or things smell or taste different to normal.

What to do if your child has symptoms

If your child has any of the main symptoms, even if they are mild:

- Get a PCR test (test that is sent to a lab) to check if they have Covid-19 as soon as possible
- Your child should stay at home and self-isolate until you get the test result – they can only leave home to have the test
- Inform school as soon as possible.

What will happen if your child has symptoms at school

If your child displays any of the main symptoms at school we will:

- Isolate your child away from the rest of the class
- Phone home immediately and ask you to collect your child from the Meeting Room door located on Tinkle Street
- Ask you to take your child for a PCR test (test that is sent to a lab) and inform us when you get the results.

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What to do if your child gets Covid-19 symptoms again

The NHS asks anyone who gets any of the 3 main symptoms again, to still self-isolate and get a PCR test (test that is sent to a lab), even if the symptoms are mild. **Your child must still self-isolate, even if they've had a positive test result from Covid-19 before.** They may have some immunity from the virus, but it is not clear how long it lasts.

As always, we are here to help and support you through this pandemic. If you have any questions or require any advice, please do not hesitate to contact us via enquiries@grimoldby.lincs.sch.uk or telephone 01507 327393. It is really important we continue to work together and follow the national guidelines to keep our community as safe as possible.

Yours faithfully

Antonia Brooks

Headteacher

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