



Thursday 16<sup>th</sup> December 2021

Dear Parents,

We are delighted to announce that children in Years 3 and 4 will be going swimming on a Tuesday morning (starting 11<sup>th</sup> January 2022) until the end of the Spring term. All children will travel by coach to the Meridian Leisure Centre on Wood Lane, Louth, with children in Year 3 departing at 9.15 and returning by 11.00, and children in Year 4 leaving at 10.00 and returning before 11.30.

The first week of swimming will be an initial assessment week based around the data collected from our school survey. Children will complete distance swimming so that they are grouped appropriately. Children will then be separated into 3 groups so that all children meet the requirements of the National Curriculum, as stated below:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
- perform a safe self-rescue in different water-based situations.

Children will need to come to school 'swim ready' and have their swim clothing underneath their school clothes, to maximise the time children are in the water. Please ensure that your child is wearing a swimming costume (**not a bikini**), or swim shorts (**not below the knee**). Children should bring a separate bag containing:

- a towel
- underwear
- swim cap (optional)
- goggles (optional)
- a swim sock (if your child has a verruca).

As always, if you have any questions, please do not hesitate to contact the school.

Yours faithfully,

Miss Oliver, Mrs Smith and Miss Roe

Year 4 and Year 3 Teachers

***"Being the best that we can be..."***