



Thursday 21<sup>st</sup> April 2022

## Covid-19 Update

Dear Parents and Carers,

After term ended for Easter, a lot has changed with regards to Covid-19 and I wanted to update you on this, as I do appreciate how constant changes in guidance can be confusing.

On the 1<sup>st</sup> of April 2022, the Government withdrew most of the Covid-19 specific guidance for schools. New guidance on living with Covid-19 was published explaining that Covid-19 should now be treated like any other respiratory illness. Please click on this link to read this guidance <https://www.gov.uk/guidance/living-safely-with-respiratory-infections-including-covid-19>

On the 5<sup>th</sup> April 2022, the UK Health Security Agency updated guidance on the symptoms of Covid-19 <https://www.gov.uk/guidance/people-with-symptoms-of-a-respiratory-infection-including-covid-19>

The key points from this document explain:

- School attendance remains mandatory for all children
- Free testing for the general public and staff working in schools has ended
- In line with general illness, children should stay at home if they have symptoms of a respiratory infection, including Covid-19, and either a high temperature and/ or they do not feel well enough to come to school. Children should resume normal activities when they no longer have a high temperature, and they are well enough to attend school.

Symptoms of Covid-19 have been updated and now include:

- A high temperature- this means you feel hot to touch on your chest or back (you do not need to measure the temperature)
- A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
- A loss or change to your sense of smell or taste
- Shortness of breath
- An aching body
- A headache
- A sore throat
- A blocked or runny nose
- Loss of appetite
- Diarrhoea
- Feeling sick or being sick

These symptoms are very similar to symptoms of other illnesses, such as colds and flu. Children with mild symptoms, such as a runny nose, sore throat, slight cough, who are otherwise well, can continue to attend schools as normal.

***“Being the best that we can be...”***



Although it is not recommended to test, children with a positive Covid-19 test result should stay at home for 3 days after they have taken the test and avoid contact with other people where they can.

In school we will continue to promote 'Catch it. Bin it. Kill it'. Reminding children to cover their mouth and nose with a tissue or their elbow, and then to wash their hands. We would appreciate it if you could do the same at home.

You can find an updates version of our Risk Assessment on our website under the Key Information section. In school we will continue with:

- Good respiratory hygiene – 'Catch it. Bin it. Kill it.'
- Ventilation of all occupied rooms
- Good personal hygiene – regular hand washing/ sanitising
- Our thorough cleaning programme.

As always, please do not hesitate to contact school if you have any questions or need support via telephone on 01507 327393 between 8am and 4pm or via [enquiries@grimoldby.lincs.sch.uk](mailto:enquiries@grimoldby.lincs.sch.uk). Please can I also remind all parents when contacting school if your child is ill, to inform us of their symptoms? This will enable me to continue to monitor the situation in our local community.

Yours faithfully,

Antonia Brooks  
Headteacher

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