



Thursday 16<sup>th</sup> November 2023

Dear Parents and Carers,

Please find attached to this letter a draft copy of our PSHE (Personal, Social, Health Education) and RSE (Relationships and Sex Education) Policy. We would like to share this with you so that you are fully aware of how this part of the curriculum is taught across school and what your child will learn at each stage of their school journey.

In school, we use the Jigsaw program to fully cover all aspects of PSHE and RSE. The Jigsaw PSHE lessons aim to give children their entitlement to information about relationships, puberty and human reproduction, appropriate to their ages and stages of development. This work is treated in a matter-of-fact and sensitive manner and helps children to cope with change, including puberty, and to learn about healthy relationships. You can find further information about Jigsaw and PSHE/RSE on our website by clicking [here](#).

Please could you read through the policy and share any comments or questions with us by **MONDAY 4<sup>th</sup> DECEMBER 2023** by emailing them to [enquiries@grimoldbyprimaryschool.co.uk](mailto:enquiries@grimoldbyprimaryschool.co.uk).

As always, we are here to help and if you would like any further support or information around how to talk to your child about the topics covered, please ask.

Yours faithfully,

Mrs Becky Taylor  
Senior Teacher & PSHE Lead

***“Being the best that we can be...”***

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