



Wednesday 6th March 2024

Dear Parents and Carers,

We would like to share with you a fantastic resource that we have been signposted to that has tips and advice for many of the challenges that parenting can bring. The parenting smart website can be found [here](#) or through our [website](#) under the 'Wellbeing' tab and offers advice around 51 topics. There is a mixture of very short and easily accessible videos as well as documents to read. Topics include sleep, getting ready for secondary school and coping with challenging behaviours. There is also a search bar so that you don't need to scroll through all the topics.

We hope that you find this resource useful but as always, if you have any concerns regarding your child at home or at school please do get in touch in the usual ways.

Yours faithfully,

Becky Taylor
Senior Teacher

"Being the best that we can be..."

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