Grimoldby
Primary School

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Thursday 23rd May 2019

Dear Parents and Carers,

Across our school, we follow and implement the PSHE (Personal, Social and Health Education) Programme called 'Jigsaw, the mindful approach to PSHE'.

The weekly lessons since September, have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way.

The Summer Term Puzzles (units) are about Relationships (unit 1) and Changing Me (unit 2).

The Changing Me Puzzle includes, in every year group, two or three lessons to help children understand the body, the changes puberty brings and how human reproduction happens. This begins in Year 1 with children learning about boys' and girls' bodies and the correct names for body parts. In Year 5 and 6 lessons look more fully at puberty and reproduction.

We believe it is very important to work in partnership with you and we hope you will agree with us that these lessons are very important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

You do have the right to withdraw your children from this aspect of the PSHE curriculum. Please talk to your child's class teacher if you wish to do this or would like further information about the content of the lessons. We hope you, like us, will see the materials in Jigsaw as educationally beneficial to our children. Attached is a guide written by Jigsaw PSHE which includes information for parents and explains the contents of the curriculum.

Please don't hesitate to get in touch if you have any questions or would like any further information.

Yours Faithfully,

Mrs Sophie Waters

Senior Teacher

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